

# Ranscriptome Analysis Reveals the Molecular Mechanism of Yiqi Rougan Decoction in Reducing CCl<sub>4</sub>-induced Liver Fibrosis in Rats

**Yu Xiong**

Chongqing Medical University

**Jinyuan Hu**

Chongqing Medical University

**Chen Xuan**

Chongqing Medical University

**Jiayu Tian**

Chongqing Medical University

**Kaiyue Tan**

Chongqing Medical University

**Zhiwei Chen**

Chongqing Medical University

**Yan Luo**

Chongqing Medical University

**Xuqin Du**

Chongqing Medical University

**Junxiong Cheng**

Chongqing Medical University

**Lanyue Zhang**

Chongqing Medical University

**Wenfu Cao** (✉ [caowenfu9316@163.com](mailto:caowenfu9316@163.com))

Chongqing Medical University

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## Research Article

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# Abstract

## Background

Liver fibrosis develops from various chronic liver diseases, and there is currently a lack of specific treatment strategies. Yiqi Rougan decoction (YQRG) is a traditional Chinese medicine that has shown durative effects in the treatment of liver fibrosis; however, the mechanism associated with YQRG-related improvements in liver fibrosis remains to be experimentally determined. This study evaluated the therapeutic effect of YQRG on carbon tetrachloride (CCl<sub>4</sub>)-induced liver fibrosis in rats and its molecular mechanism.

## Methods

We used low-, medium-, and high-dose YQRG to treat CCl<sub>4</sub>-induced liver fibrosis in rats, followed by assessment of liver injury and fibrosis according to liver appearance, body weight, liver mass index, histopathologic examination, and serum testing. Additionally, we performed transcriptome analysis using RNA-sequencing (RNA-seq) technology, including cluster, Gene Ontology (GO), and pathway analyses, to identify differentially expressed genes (DEGs), and protein and gene expression were detected by immunofluorescence (IFC), western blot, and real-time quantitative PCR.

## Results

The results showed that YQRG effectively alleviated CCl<sub>4</sub>-induced liver injury and fibrosis in rats, including observations of improved liver function, decreased activity of hepatic stellate cells (HSCs), and decreased extracellular matrix (ECM) deposition. Moreover, we identified downregulated and upregulated DEGs in the model group relative to the control and YQRG-treated groups, with GO analysis revealing their enrichment in biological processes, such as endoplasmic reticulum stress (ERS), apoptosis, and autophagy. Furthermore, pathway analysis showed that YQRG treatment downregulated the mitogen-activated protein kinase (MAPK) and phosphoinositide 3-kinase/Akt (PI3K/AKT) signalling pathways and upregulated other signalling pathways, including those related to peroxisome proliferator-activated receptors (PPAR) and AMP-activated protein kinase (AMPK), with these findings subsequently verified experimentally.

## Conclusion

These findings showed that YQRG improved CCl<sub>4</sub>-induced liver fibrosis through multiple mechanisms and pathways, offering critical insight into the YQRG-related therapeutic mechanism and promoting further research into its potential application.

## Background

Hepatic fibrosis is an abnormal wound-healing process in which hepatic parenchymal cells (HPCs) transform into fibrous tissue of ECM [1-3], which is detrimental to human health. Liver fibrosis can subsequently evolve into liver cirrhosis and hepatocellular carcinoma, which account for 3.5% of global annual mortality [4]. It is difficult to accurately calculate the prevalence of liver fibrosis [5,6] and generally believed that the condition is reversible. Therefore, actively reversing liver fibrosis is particularly important to the prevention and treatment of chronic liver disease. Notably, there is no specific anti-fibrosis therapy [7], making research supporting the active development of safe and effective anti-fibrosis drugs a significant undertaking to reveal their molecular mechanism.

Activation of resting HSCs represents the critical mechanism associated with liver fibrosis formation [8-10]. Additionally, ERS describes the response to continuous aggregation of unfolded or misfolded proteins in the ER, which alters ER homeostasis [11], induces HPCs apoptosis and reportedly promotes the formation of liver fibrosis [12,13]. Moreover, apoptosis of HPCs, which can promote the transformation of HSCs from a static to an activated state, supports fibrotic initiation [14,15]. Previous studies report that increased autophagy and levels of unfolded proteins can occur after the loss of cellular homeostasis, with these processes also implicated in the occurrence of fibrosis [16]. Furthermore, recent studies show that continuous ERS can activate autophagy, which subsequently promotes the activation of resting HSCs and induces liver fibrosis [17,18].

Current treatment modalities for liver fibrosis mainly focus on eliminating the risk factors that are known to progressively decline into end-stage liver fibrosis, and treatment of end-stage liver fibrosis mainly involves liver transplantation, which carries the risk of trauma and rejection. Recently, the use of mesenchymal stem cell therapy for hepatic fibrosis has emerged, although there exists a risk of carcinogenesis. Therefore, it is particularly important to identify safe and effective anti-fibrosis therapies.

Traditional Chinese medicine has unique advantages in the treatment of chronic liver disease, especially in reducing hepatocyte damage, inhibiting inflammation, and promoting anti-fibrosis effects [20]. Yiqi Rougan (YQRG) decoction is a traditional Chinese medicine. Due to the complexity of traditional Chinese medicine prescriptions, the mechanism of action of YQRG in treating liver fibrosis remains misunderstood, including associated changes in gene expression. Transcriptome analysis using RNA-seq technology can potentially elucidate the molecular mechanism of disease occurrence [21]. In the present study, we analysed the main components of YQRG by ultra-high performance liquid chromatography with quadrupole time-of-flight mass spectrometry (UHPLC-QTOF-MS), evaluated its effects on liver function and fibrosis in a rat model of CCl<sub>4</sub>-induced liver fibrosis, and identified DEGs in rat liver following YQRG treatment.

## Methods

### Drugs and materials

YQRG was purchased from the Department of Traditional Chinese Medicine at the First Affiliated Hospital of Chongqing Medical University (Chongqing, China). CCl<sub>4</sub> (batch no. c805329) and olive oil (batch no. o815210) were purchased from Shanghai McLean Biochemical Technology Co., Ltd. (Shanghai, China). Kits for assessing alanine aminotransferase (ALT; batch no. s03030) and aspartate aminotransferase (AST; batch no. s03040) kit were purchased from Shenzhen Redu Life Technology Co., Ltd. (Shenzhen, China), a kit for assessing hydroxyproline (HYP; batch no. a030-3-1) kit was purchased from Nanjing Jiancheng Bioengineering Institute (Nanjing, China), and colchicine (batch no. h20113208) was purchased from Guangdong Bidi Pharmaceutical Co., Ltd. (Guangdong, China). Enzyme-linked immunosorbent assay (ELISA) kits for hyaluronic acid (HA; batch no. qz-25723), laminin (LN; batch no. qz-25677), type IV collagen (IV-C; batch no. qz-25741), type III procollagen (PC-III; batch no. qz-20116), rat caspase 12 (CASP12; batch no. qz-20065), C/EBP homologous protein (CHOP; batch no. qz-25805), activated transcription factor 6 (ATF6; batch no. qz-25812), inositolase 1 (IRE1; batch no. qz-25833), phosphorylated (p)-extracellular signal-regulated kinase (PERK; batch no. qz-25829), immunoglobulin-binding protein (BiP; batch no. qz-25818) were obtained from Quanzhou Jiubang Biological Technology Co., Ltd. (Quanzhou, China). Trizol (batch no. 108-95-2), the Primescript RT kit and gDNA eraser (batch no. rr047a) were obtained from Takara Bio (Shiga, Japan). Primers for quantitative (q)PCR were provided by Qingke Biotechnology (Beijing, China). Antibodies against  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA; 19245), p38 (8690), p-p38 (4511), AMPK(2532), p-AMPK (2535), and  $\beta$ -actin (4970) were obtained from Cell Signaling Technology (Danvers, MA, USA). Antibodies against light-chain (LC)3-I/II (ab128025) and LC3-II (ab192890) were obtained from Abcam (Cambridge, UK). Terminal deoxynucleotidyl transferase dUTP nick end labelling (TUNEL) staining kits (batch no. g1501) were purchased from Wuhan Seville Biotechnology Co., Ltd. (Wuhan, China). Acetonitrile, methanol, and formic acid (LC-MS grade) were obtained from CNW Technology (Dusseldorf, Germany).

## YQRG preparation

YQRG contains eight herbs: *Astragalus mongholicus* Bunge, *Atractylodes Macrocephala* Koidz, *Salvia miltiorrhizae* Bunge, *Curcuma longa* L, *Paeonia lactiflora* Pall, *Cyperus rotundus* L, *Sargassum fusiforme* Setch and *Trichosanthes Kirilowii* Maxim. The herbal information and composition ratio are shown in Table 1. According to the surface area conversion ratio between rats and humans (6.3), we calculated the low-, medium-, and high-dose YQRG concentrations for use in rats at 4.95 g/kg, 9.9 g/kg, and 19.8 g/kg, respectively. According to this dosage, the Chinese herbs described were submerged in distilled water for 30 min, decocted three times, filtered, and concentrated three times to create YQRG Decoction at low, medium, and high dosages [22]. The composition of YQRG was determined by UHPLC-QTOF-MS for quality control.

## UHPLC-QTOF-MS analysis

A methanol:water extract (4:1, v/v) was added to the YQRG Decoction (150  $\mu$ L) and vortexed for 30 s, followed by sonication for 1 h in an ice water bath before incubation at  $-40^{\circ}\text{C}$  for 1 h and centrifugation at 12,000 rpm at  $4^{\circ}$  for 15 min. The supernatant was then passed through a 0.22- $\mu$ m filter membrane for

UHPLC tandem MS (MS/MS) analysis (Infinity 1290; Agilent Technology, Santa Clara, CA, USA). Mobile phases A and B comprised water with 0.1% formic acid and acetonitrile with 0.1% formic acid, respectively, and were passed at a flow rate of 400  $\mu$ L/min. The sample (5  $\mu$ L) was injected onto the Waters C18 column (1.7  $\times$  2.1  $\mu$ m  $\times$  100 mm; Waters Corp., Milford, MA, USA), followed by gradient elution: 0–3.5 min (5–15% B), 3.5–6 min (15–30% B), 6–12 min (30–70% B), 12–18 min (70–100% B), and 18–25 min (100% B).. High resolution MS/MS was performed using a Q precision mass spectrometer (Thermo Fisher Scientific, Waltham, MA, USA), with the data analysed using Xcalibur software (Thermo Fisher Scientific).

## **Animal experiments**

Male Sprague–Dawley rats (n = 56; 180–220 g) were purchased from the Experimental Animal Center of Chongqing Medical University. Animal experiments were conducted in a specific pathogen-free animal laboratory (syxk 2018-0003) at the Experimental Animal Center according to the Guidelines for the Care and Use of Experimental Animals from the National Institutes of Health (Bethesda, MD, USA). The experiments were approved by the Ethics Committee of Chongqing Medical University. After 1 week of adaptive feeding, rats were randomly divided into two groups: the control (n = 8) and the CCl<sub>4</sub>-treatment group (n = 48). Rats in the CCl<sub>4</sub>-treatment group received intraperitoneal (i.p.) injection of 50% CCl<sub>4</sub>–olive oil solution (1 mL/kg) twice weekly for 9 weeks. At the end of the 4<sup>th</sup> week, rats in CCl<sub>4</sub>-treatment group were randomly divided into four groups: low, medium, and high-dose treatment groups (n = 12) received YQRG at 4.95 g/kg/day, 9.9 g/kg/day, and 19.8 g/kg/day, respectively; and the model group (n = 12) received saline for 5 weeks. At the end of the 9<sup>th</sup> week, rats were anaesthetized by i.p. injection of 2% pentobarbital sodium and asphyxiated with high-concentration CO<sub>2</sub>. Blood was collected from the abdominal aorta, and the liver was removed immediately and the weight recorded. Liver tissue was quickly cut into pieces for subsequent liver haematoxylin and eosin (H&E) and Masson staining, immunohistochemistry (IHC), immunofluorescence staining, and transmission electron microscopy (TEM) analysis. The remaining tissues and serum were stored at -80°C until further use.

## **liver index, Serum biochemical and liver HYP analyses**

During the animal experiments, all rats were weighed and recorded every 2 weeks. Following liver removal and weighing, the liver index was calculated according to the body weight and liver weight to evaluate liver injury, as follows: Liver index = (liver weight / body weight)  $\times$  100. According to their respective manufacturer instructions, Serum ALT, AST levels and liver HYP content were measured with kits, Configure the working reagent, load the sample, set the parameters in an automatic biochemical analyzer (Shenzhen Redu Life Technology Co., Ltd.) and put it on the computer for detection.

## **Histologic analysis**

Liver tissue was fixed with 4% paraformaldehyde for 24 h, dehydrated, embedded in paraffin, and sliced (4  $\mu$ m), followed by staining with H&E and Masson Staining. For H&E staining, the slices were dewaxed

first, soaked with hematoxylin dye solution for 10 min, then washed with distilled water. After differentiation, the slices were rinsed again, and then rinsed with blue-returning solution. Soak the slices in ethanol (85% and 95%) for 5 min, and infect the slices in eosin dye for 10 min. After dehydration for 5 min (ethanol and xylene). In addition, for Masson staining, the dewaxed slices were placed in Masson A for 15 h and then rinsed. The Masson mixture (Masson B:Masson C=1:1) was soaked for 1 min and washed. The mixture was differentiated with 1% hydrochloric acid alcohol for 1min and washed. The tissue turned red after Masson D treatment for 6 min. The slices were rinsed, differentiated, dehydrated and sealed with 1% glacial acetic acid. In the end, Tissue sections were then observed and images obtained using an optical microscope (BX53; Olympus, Tokyo, Japan).

### **IHC analysis**

Paraffin sections were dewaxed, and citric acid antigen repair buffer was soaked to repair the antigen. The antigen was incubated with 3% hydrogen peroxide solution for 25 min, washed with phosphate-buffered saline (PBS), and sealed with 3% bovine serum albumin (BSA) at room temperature for 30 min. The antibody was incubated with anti- $\alpha$ -SMA and HRP-conjugated secondary antibodies, followed by DAB staining, rinsed, sectioned with differentiation solution, dehydrated with ethanol and xylene, and sealed with neutral rubber. followed by washing, observation, and imaging using a microscope (BX53; Olympus).

### **Assessment of ultrastructural morphology**

Liver tissue was cut into 1 mm<sup>3</sup> immediately upon collection of the liver (within 1 min - 2 min), fixed in 2.5% glutaraldehyde, and washed with 1 M PBS, 1% osmic acid was added to the sections for a 2 h incubation, washed, dehydrated, penetrated, dehydrated with ethanol and acetone, and then embedded with 812 embedding agent. The embedding plate was polymerized for 48 h, and the resin block was placed in the ultra-thin slicer (60 nm – 80 nm). Stained, washed and dried with 2% uranium acetate saturated alcohol and 2.6% lead citrate solution. followed by observation of the ultrastructure of the liver and collection of images via TEM (JEM-1400plus; JEOL, Tokyo, Japan).

### **RNA-seq analysis**

RNA-seq was performed and sequencing libraries were constructed using the Novaseq 6000 platform and the TruseqTM RNA sample prep kit (Illumina, San Diego, CA, USA). Total RNA was extracted with Trizol reagent, and mRNA was separated using oligo(DT) magnetic beads and randomly broken into small fragments. Six-base random primers were used to reverse transcribe cDNA, followed by end repair and sequencing. Changes in gene expression in liver tissue following YQRG treatment were assessed according to the identification of DEGs (fold changes >2 or <-2; false discovery rate < 0.05). DEGs were clustered and analysed using the GO database and Kyoto Encyclopedia of Genes and Genomes (KEGG; <http://www.genome.jp/kegg/>) pathway analysis.

### **Network construction and analysis**

The STRING database (<https://string-db.org/>) is a database commonly used to predict protein-protein interaction (PPI). The main DEG was entered into the string database, the interaction score was set to  $\geq 0.9$  and the species was selected as "Homo sapiens" to create PPI network. Then, the results were saved and exported in TSV format. Cytoscape (v.3.6.0; <https://cytoscape.org/>) was used to visualize the PPI networks. The TSV format file is imported into Cytoscape for PPI visualization.

### Double immunofluorescence staining

Double immunofluorescence staining was performed to detect colocalization of TUNEL staining and  $\alpha$ -SMA. Additionally, LC3-II and  $\alpha$ -SMA were also examined. For the former staining, The slices were dewaxed into xylene, ethanol, and distilled water, respectively, and then circled into protease K working solution and incubated at 37°C for 22 min. PBS was washed and 0.1% Triton was added for 20 min at room temperature. Then, the buffer was incubated at room temperature for 10 min. TUNEL kit reaction solution (TDT enzyme :dUTP: Buffer =1:5:50) was added into the ring and incubated for 2 h at 37°C, and sealed with 3% BSA for 30min. Sections were incubated with rabbit anti- $\alpha$ -SMA at 4°C overnight, and then FITC-conjugated goat anti-rabbit IgG (Wuhan Service Biotechnology Ltd.) was used for 50 min at ambient temperature, dark. followed by nucleus staining with 4',6-diamino-2-phenylindole (DAPI; Wuhan Service Biotechnology Ltd.) for 10 min. Additionally, For the latter staining, sections were dewaxed, immersed in EDTA antigen repair buffer, circled, and sealed with 3% hydrogen peroxide and 3% BSA, respectively. Rabbit anti-LC3-II was added and incubated overnight, followed by FITC-Conjugated goat Anti-Rabbit IgG, then cy3-TSA was added for 10 min, washed, and antigen repair was performed again. In incubated with the primary antibodies (anti- $\alpha$ -SMA), followed by FITC-conjugated goat anti-Rabbit IgG, DAPI staining was used. Sections were then observed and images were obtained by fluorescence microscopy (eclipse CI; Nikon, Tokyo, Japan).

### ELISA

ELISA was performed according to the manufacturer instructions for the ELISA kit. Levels of HA, LN, PC-III, IV-C, CASP12, CHOP, ATF6, IRE1, PERK and BiP in liver tissue were quantified. PBS was added to liver tissue for homogenization, followed by centrifugation at 4°C for 20 min. This process was repeated three times, and the supernatant was then used for ELISA detection. Add the sample and standard, wash the plate, add the antibody to be tested for incubation, wash the plate again, incubate with enzyme solution, wash the plate, develop the colour of TMB substrate, add 50 uL and 450um reading of termination solution, and finally calculate its concentration.

### Real-time qPCR

We then detected mRNA levels of *Acta2* (encoding  $\alpha$ -SMA) , *Hspa5* (encoding BiP), *Eif2ak3* (encoding PERK), *Atf6*, *Ern1* (encoding IRE1), *Chop*, *Casp12*, *B-cell lymphoma-2 (Bcl-2)*, *Lc3b*, *unc-51-like autophagy-activating kinase 1 (Ulk1)*, *tissue inhibitor of metalloproteinase 1 (Timp1)*, *metalloproteinase 9 (Mmp9)*, *P38*, and *Ampk*. Weigh 100 mg liver tissue, add 2 mL trizol homogenate, centrifuge at 12000 rpm for 10 min, collect 700 uL supernatant, add 140 uL chloroform (supernatant: chloroform= 1:0.2), mix



well, centrifuge, take 300 uL supernatant, add 300 uL isopropanol, shake for 1 min, remove the liquid, add 75% ethanol, wash and separate the heart, dry after absorbing the ethanol, add dH<sub>2</sub>O, measure and adjust the sample concentration, cDNA was synthesized by reverse transcription with PrimeScript RT reagent Kit with gDNA Eraser (Takara Bio). PCR amplification was then performed under the following cycling conditions: 95°C pre-denaturation for 10 min, 95°C denaturation for 15 s, 60°C annealing for 1 min, with a total of 40 cycles (CFX96, Bio-Rad). *β-Actin* was used as a control for normalization of gene expression, and fold changes were calculated using the  $2^{-\Delta\Delta CT}$  method. The primer sequences are shown in Table 2.

## Western blot

Proteins were extracted from liver tissue with Radioimmunoprecipitation buffer containing a protease inhibitor and phosphatase inhibitor. Proteins were separated by electrophoresis, followed by transfer to polyvinylidene fluoride membranes. Membranes were washed five times with Tris-buffered saline containing Tween-20 (TBST) and incubated overnight at 4°C with respective primary antibodies [ $\alpha$ -SMA (1:1000), LC3-I/II (1:1000), p38 (1:1000), p-p38 (1:1000), AMPK (1:1000), p-AMPK (1:1000) and  $\beta$ -actin (1:1000)]. The membrane was then washed five times with TBST and incubated with HRP-conjugated secondary antibody (Boster Bio) for 1 h. Bands were visualized by enhanced chemiluminescence and images obtained using a chemiluminescence imaging system (Odyssey FC; Licor Biosciences, Lincoln, NE, USA). ImageJ software (National Institutes of Health, Bethesda, MD, USA) was used for data analysis.

## Statistical analysis

Data represent the mean  $\pm$  standard deviation. Statistical analysis was performed using SPSS 25.0 software (IBM, United States) (v.8.0.2; GraphPad Software, San Diego, CA, USA). One-way analysis of variance and Nonparametric test were used to compare differences between groups.  $p < 0.05$  was considered significant. Image production was completed by GraphPad Prism 8.0.2 Software (San Diego, CA, United States).

# Results

## Component analysis of YQRG

We analysed the main compounds of YQRG by UHPLC-MS/MS. Positive (Fig. 1a) and negative (Fig. 1b) ion chromatograms represented the YQRG compounds, revealing 10 main compounds (*L-Phenylalanine*, *Paeoniflorin*, *Bisdemethoxycurcumin*, *Curcumin*, *Cryptotanshinone*, *citric acid*, *Gallic acid*, *Protocatechualdehyde*, *Rosmarinic acid*, *Salvianolic acid A*) (Fig. 1c).

## YQRG improves liver injury *in vivo*

To evaluate the effect of YQRG on liver fibrosis, we established a rat model of liver fibrosis according to the reported protocol [23]. During animal experiments, compared with the model group, the weight of rats receiving low, medium and high concentrations of YQRG (YQRG-L, YQRG-M, and YQRG-H) increased

significantly (Fig. 2a). The liver weight ratio (LW: BW) used to evaluate liver injury showed that the LW: bw ratio decreased significantly in the YQRG treatment group (Fig. 2b). Next, we measured the levels of serum ALT and AST in rats to evaluate liver function. The results showed that the levels of ALT and AST in the model group increased significantly. Surprisingly, after YQRG treatment, the levels of ALT and AST decreased and were consistent with the normal levels (Fig. 2c and d). Then, we evaluated the morphological changes of cells in liver tissue from different angles by renal appearance, H&E staining and TEM. In rats receiving CCl<sub>4</sub>, the appearance of the liver was enlarged, abnormal, severe swelling and degeneration, and inflammatory cell infiltration. In contrast, YQRG -H well improved this pathological change (Fig. 2e). Transmission electron microscopy analysis showed that the hepatocyte structure was damaged after CCl<sub>4</sub>-induced, including mitochondrial swelling, endoplasmic reticulum damage and bile duct dilatation. The tissue image of the YQRG H group showed an improvement in pathological damage (Fig. 2e). These results suggest that YQRG can effectively resist CCl<sub>4</sub>-induced liver injury in rats induced by carbon tetrachloride.

### **YQRG resists CCl<sub>4</sub>-induced liver fibrosis *in vivo***

Next, We then performed multiple methods to evaluate the effect of YQRG against liver fibrosis. Masson staining showed that collagen fibres (blue) accumulated after CCl<sub>4</sub>-induced, resulting in more fibre spacing, while collagen fibres and fibre spacing decreased in the YQRG-H group (Fig. 3a). Due to HSCs activation promotion  $\alpha$ -SMA expression, we evaluated liver injury and after treatment Changes in  $\alpha$ -SMA levels. IHC results showed that the YQRG-H group reduced the positive expression of the model group (Fig. 3a). In addition, the fibrosis markers in the model group showed that the levels of HA, LN, PC-III and IV-C were significantly higher than those in the YQRG-H group (Fig. 3b). In addition, as the main component of collagen, the level of HYP in the model group increased but decreased after treatment with YQRG-H (Fig. 3c). As shown in Fig. 3d-f shows that the results of  $\alpha$ -SMA expression support the immunohistochemical results in Western blot and qPCR. In addition, hepatic fibrosis is accompanied by an imbalance in ECM synthesis and degradation. ECM is regulated by TIMPs (promote ECM synthesis) and MMPs (promote ECM degradation) [24]. We analyzed the mRNA expression of *TIMP1* and *MMP9* in the liver by qPCR. The results showed that compared with the model group, the level of *MMP9* in the YQRF-H group increased significantly and the expression of *TIMP1* decreased (Fig. 3g and h). These data show that YQRG-H processing reduces the accumulation of ECM. In conclusion, these results suggest that YQRG-H treatment reduces CCl<sub>4</sub> induced liver fibrosis in rats.

### **Gene expression analysis by RNA-seq**

To gain insight into the molecular mechanism associated with YQRG-mediated improvements in liver fibrosis *in vivo*, we performed RNA-seq analysis of samples from control, model, and YQRG-H-treated rats. We identified 2689 upregulated and 2545 downregulated DEGs in the control versus model group, whereas the model versus YQRG-H group revealed 2543 upregulated and 2476 downregulated DEGs (Fig. 4a). The model group both upregulated the genes of the normal control group and YQRG-H group, and both downregulated the genes of the normal control group and YQRG-H group, which are the DEGs of

YQRG in the treatment of CCl<sub>4</sub> induced liver fibrosis, that is, 2141 YQRG upregulated DEGs and 2038 YQRG downregulated DEGs (Fig. 4b). Interestingly, these DEGs showed significant intergroup differences (Fig. 4c).

### **GO/KEGG enrichment analyses and construction of PPI network**

GO enrichment analysis of the upregulated DEGs identified roles in biological processes (regulation of L-kynurenine metabolism and fatty acid oxidation, tryptophan metabolism, and branched-chain amino acid metabolism) (Fig. 5a). Downregulated DEGs were mainly involved in biological processes involving positive regulation of epithelial-to-mesenchymal transition, response to topological error protein, response to unfolded protein, regulation of ERS, autophagy, regulation of the apoptotic signalling pathway (Fig. 5b). KEGG pathway enrichment analysis showed that upregulated DEGs were associated with the peroxisome, complement, and coagulation cascade; cytochrome P450 metabolism of exogenous substances, and peroxisome proliferator-activated receptor signalling (Fig. 5c), whereas downregulated DEGs were associated with protein processing, MAPK signalling, PI3K/Akt signalling, tumour necrosis factor signalling in the ER (Fig. 5d). Notably, GO analysis identified biological processes related to YQRG treatment of liver fibrosis involved with ERS, apoptosis, and autophagy (Fig. 5e). The identified signal pathways and related genes of the first 15 closely related to liver fibrosis were plotted (Fig. 4f). The PPI network and visualization were constructed involving DEGs of ERS, apoptosis, and autophagy (Fig. 5g and h). Furthermore, the construction of a PPI network identified 33 target DEGs in Table 3.

### **YQRG treatment alleviates ERS *in vivo***

The inhibition of ERS is related to the improvement of liver fibrosis [25]. As shown in Fig. 6a, we can see the formation mechanism of ERS. Transcriptome analysis of go and KEGG showed that they were enriched in endoplasmic reticulum stress-related genes and pathways. BiP, PERK, ATF6, IRE1 and CHOP are considered to be important markers of ERS<sup>25</sup>. To evaluate the effect of YQRG treatment on ERS, we detected changes in the expression of ERS-related markers BiP, ATF6, PERK, IRE1, and CHOP by ELISA and qPCR. Consistent with the RNA-seq results, BiP, PERK, ATF6, IRE1, and CHOP protein and mRNA levels in the model group were significantly higher than those in the control group, indicating that CCl<sub>4</sub> administration induced ERS. However, YQRG-H treatment reversed these changes, resulting in levels similar to those in controls (Fig. 6b–k), and leading to reductions in ERS. These findings suggested that YQRG-H treatment effectively alleviated ERS.

### **YQRG treatment regulates cell apoptosis**

Cells apoptosis promote the occurrence of liver fibrosis, and this process is very complex (Fig. 7a.) We performed TUNEL and α-SMA (a marker for the activation of HSCs [26]) double immunofluorescence staining in liver tissues to evaluate the effect of YQRG treatment on cell apoptosis. The results showed an increased number of apoptotic cells in the model group relative to the control group along with a significant increase in the expression of α-SMA. however, YQRG-H treatment significantly reduced the number of apoptotic cells and α-SMA expression levels in the model group (Fig. 7b). Next, the expression

of apoptosis-related proteins in liver tissue was detected by ELISA and qPCR. CASP12 and BCL-2 are apoptosis-related markers and play an important role in apoptosis [27]. According to ELISA and qPCR analysis, the expression of CASP12 in CCl<sub>4</sub> induced group increased significantly. In contrast, the YQRG-H treatment decreased the expression level of CASP12 (Fig. 7c-d). Similarly, compared with the model group, the expression of BCL-2 in the YQRG-H group increased (Fig. 7e). These results suggest that YQRG-H treatment inhibits apoptosis.

### **YQRG treatment regulates autophagy *in vivo***

Autophagy is a metabolic process that is closely related to liver fibrosis (Fig. 8a). To determine whether YQRG-H treatment affects autophagy, we evaluated autophagic flux by double immunofluorescence staining, western blot, and qPCR. LC3-II is a marker for autophagy [28], double immunofluorescence staining of LC3-II and  $\alpha$ -SMA revealed that YQRG-H treatment reduced the fluorescence signals of LC3-II and  $\alpha$ -SMA in the model group (Fig. 8b). This result suggested autophagy activation was closely related to HSCs activation in the model group. Additionally, western blot and qPCR analyses confirmed the increased expression of LC3-II protein and mRNA in the model group, whereas these levels were decreased following YQRG-H treatment (Fig. 8c-e). ULK1 is also an important indicator regulating autophagy [29], qPCR analysis of *Ulk1* in the model group was significantly lower than that in the control group and YQRG-H groups (Fig. 8f). These results suggested that CCl<sub>4</sub> can promote autophagy and that YQRG treatment inhibits this process.

### **Effects of YQRG treatment on cell signalling pathways**

To further evaluate the mechanism associated with YQRG treatment of liver fibrosis, we evaluated markers related to the pathways identified by KEGG analysis. Western blot analysis of liver tissue samples from the control, model, and YQRG-H groups identified the expression of p38, p-p38, AMPK, and p-AMPK, with upregulated levels of p-p38 and downregulated levels of AMPK and p-AMPK observed in the model group relative to the control group. Following YQRG-H treatment, we found significantly decreased p-p38 levels and increased levels of AMPK and p-AMPK relative to those in the model group (Fig. 9a and b). Moreover, qPCR results were consistent with those of western blot analysis (Fig. 9c and d). These results suggested that YQRG-H treatment inhibiting p38-MAPK signalling and activated AMPK signalling.

## **Discussion**

Hepatic fibrosis is a repair response to chronic liver injury. Due to the proliferation of myofibroblasts under the action of different stimuli, hepatocytes initiate the production of various chemokines, which promote myofibroblast proliferation in the liver injury area and result in the formation of collagen and other fibre components, ECM accumulation, and fibrosis. Liver injury from various causes leads to liver fibrosis, with this potentially followed by cirrhosis and liver cancer. There is currently a lack of therapeutic options for preventing hepatic fibrosis, making it necessary to research and actively develop effective

drugs. YQRG is a traditional Chinese medicine comprised of eight herbs and a mixture of compounds. In this study, we identified YQRG compounds by UHPLC-QTOF-MS, most of which were previously identified as playing a role in improving liver fibrosis

(i.e., *Paeoniflorin*, *Bisdemethoxycurcumin*, *Curcumin*, *Cryptotanshinone*, *Gallic acid*, *Protocatechualdehyde*, *Rosmarinic acid*, *Salvianolic acid A*) [30-37] (Fig. 1c). This result suggests that most of the sampled compounds may be the components of YQRGs which mitigate against liver fibrosis.

The liver can be damaged by infection, excessive drinking or other stimuli [38], and various liver injuries can promote the expression of fibrogenic mediators and their receptors in response to liver fibrosis [39]. Because CCl<sub>4</sub> exerts hepatotoxicity, its administration can seriously damage hepatocytes [40]. Liver injury is reversible upon removal of the stimuli [41]; therefore, numerous studies have evaluated the mechanisms associated with CCl<sub>4</sub>-induced liver injury. In this study, we evaluated the effect of YQRG on rat models of CCl<sub>4</sub>-induced liver injury and observed significant decreases in weight (Fig. 2a). and increases in the LW:BW ratio (Fig. 2b). in the CCl<sub>4</sub>-induced model rats, while weight increased and LW:BW decrease in the YQRG-H group. Moreover, we measured serum ALT and AST levels (Fig. 2c and d) as markers of hepatocyte integrity [42], finding significantly increased levels of both in the model group, whereas these levels were restored to those similar to controls following YQRG treatment. Additionally, H&E staining and TEM analysis (Fig. 2e) identified evidence of pathological hepatocyte injury in the model group; however, these characteristics were significantly improved following YQRG treatment. These results indicate that YQRG treatment effectively Reduced CCl<sub>4</sub>-induced liver injury.

YQRG has been used to clinically treat liver fibrosis with good effect; however, there is currently a lack of experimental data supporting its efficacy. Here, we established a rat model of liver fibrosis to evaluate the efficacy and mechanism of YQRG against liver fibrosis induced by CCl<sub>4</sub> [43]. Masson staining (Fig. 3a) to evaluate liver fibrosis revealed fibrous septum in the model group, whereas the YQRG-treated group demonstrated significantly reduced fibrosis. Additionally, we evaluated serum levels of the fibrotic markers HA, LN, PC-III, and IV-C [44]. Hyp, an important component of collagen tissue, comprises up to 13% of collagen [45] and represents another marker of liver fibrosis [46]. In the present study, levels of serum HA, LN, PC-III, IV-C (Fig. 3c) and Hyp (Fig. 3d) in liver tissue in the model group were significantly higher than those in the control and YQRG-treatment groups. Moreover, in liver fibrosis, excessive accumulation of ECM is mainly due to HSC activation [47], we observed significant increases in α-SMA (a marker of HSCs activation [26]) levels detected by IHC (Fig. 3a), Western blot (Fig. 3d) and qPCR (Fig. 3f) in the model group, while decreased after YQRG-H treatment. ECM is regulated by TIMPs and MMPs [24]. A previous study reported that inhibiting HSC activity can reduce TIMPs secretion and increase MMPs activity to promote ECM degradation [48]. Consistent with these findings, in the present study, we found that YQRG-H treatment significantly reduced *Timp1* expression and increased *Mmp9* expression in the model group (Fig. 3g and h). These findings suggested that YQRG treatment effectively improved CCl<sub>4</sub>-induced liver fibrosis in rats by attenuating HSCs activity and inhibiting ECM synthesis.

ER is the largest organelle in HPCs and has the functions of participating in protein folding and regulating calcium homeostasis [49,50]. The increased membrane hardness of ER leads to the damage of ER membrane energy, promotes the accumulation of misfolded proteins, and then activates the unfolded protein response (UPR) [51,52]. ATF6, IRE1 and PERK are transmembrane sensors of UPR [53]. ERS is closely related to the increased expression of UPR related genes. For example, Zhan et al. (2020) found that microcystin LR can up-regulate the gene levels of perk and IRE1 in the liver and ovary, causing ERS [54]. In this study, ELISA and mRNA expression levels of liver ATF6, IRE1 and PERK increased after CCl<sub>4</sub> treatment (Fig. 5c-e and 5h-j). Under stress-free conditions, BiP, an important member of the heat shock protein 70 family, binds to UPR. Under ERS, BiP binds to wrong or unfolded proteins and separates from UPR, activates these sensors and their downstream signal cascade through dimerization and autophosphorylation, and promotes the increase of apoptosis regulator CHOP [55]. In our experiment, the ELISA and transcriptional gene levels of BiP and apoptotic transcription factor CHOP in the liver of rats with hepatic fibrosis were higher than those in the YQRG-H group (Fig. 5b and f, 5g and k). Studies have shown that inhibiting ERS can reduce liver fibrosis [56]. In this study, transcriptome analysis showed that ERS inhibition was an important mechanism of YQRG mediated reduction of CCl<sub>4</sub> induced liver fibrosis (Fig. 5b and d). This is consistent with our experimental data and transcriptome results, suggesting that YQRG treatment reduces CCl<sub>4</sub> induced liver fibrosis in rats by inhibiting ERS.

HPCs apoptosis is an inflammatory stimulus that promotes HSCs and plays an important role in liver diseases [57,58]. Our data show that a significant increase of TUNEL and  $\alpha$ -SMA positive cells can be seen in the liver of rats in the CCl<sub>4</sub> group (Fig. 7b). Under sustained ERS, pro-apoptotic signals are induced by activating several transcription factors [59-61]. CHOP is a key transcription factor related to ERS mediated activation of HPCs apoptosis [62]. Under continuous ERS, the pro-apoptotic factor CHOP inhibits the level of downstream anti-apoptotic protein BCL-2. In addition, Ca<sup>2+</sup> enters the cytoplasm, m-calpain and procaspase 12 are further cleaved and activated, and the caspase cascade induces apoptosis [63]. Apoptosis mainly includes endogenous and exogenous apoptosis. In the endogenous apoptosis pathway, mitochondrial permeability releases cytochrome c, Caspase 9 and Caspase 3 are activated in order. In the exogenous apoptotic pathway, Caspase 3 is activated by upstream bound Caspase 8 and by FADD. Death receptors such as trail bind to FADD to further activate downstream Caspase 8 and Caspase 3, and Caspase 3 is the co-executor of the two pathways [64-67]. In this study, we demonstrated the expression of CHOP, BCL2 and Caspase 12 in fibrotic rats (Fig. 7c-e, 6f and k), indicating that apoptosis occurs during the development of fibrosis. These results were combined with the significant increase of ERS related indexes in the model group, suggesting that CCl<sub>4</sub> may induce apoptosis by activating ERS.

Autophagy is a metabolic process in which autophagosomes formed by cell membranes phagocytize organelles and cell fragments for subsequent lysosomal degradation [68]. Studies have shown that ERS mediated HSCs autophagy promotes the occurrence of liver fibrosis. For example, men R et al. Found that after NOGO-B gene knockout, the levels of ERS and autophagy markers were down-regulated, and the autophagy level could be regulated by ERS agonists and antagonists. The results showed that inhibiting

ERS could reduce the autophagy of HSCs [69]. Overexpression of *Ulk1* kinase death mutant can inhibit autophagy [29], and LC3-II represents autophagy marker [28]. Consistently, we found that prolonged exposure to CCl<sub>4</sub> increased the expression of two key autophagy genes (LC3 and ULK1). In this study, LC3-II and  $\alpha$ -SMA positive cells increased significantly (Fig. 8b), indicating that the increased autophagy in the liver fibrosis model is related to HSCs activation. The protein and mRNA levels of LC3II increased in the model group and the mRNA expression of *Ulk1* decreased in the model group (Fig. 8c-f). This result well supports our conclusion. In conclusion, these results suggest that YQRG improves liver fibrosis by inhibiting autophagy.

Pathway analysis suggested that YQRG treatment altered the MAPK and AMPK signalling pathways. p38 MAPK plays an important role in regulating inflammation, apoptosis, and liver fibrosis [70,71] and a previous study reported that ERS activates p38 MAPK signalling [72]. Additionally, ERS-mediated IRE1/p38 MAPK signalling promotes the activation of isolated HSCs in rats [73]. In the present study, we found that YQRG treatment inhibited p38 MAPK signalling (Fig. 9a and d) along with the expression of ERS-related markers, suggesting that YQRG might alleviate liver fibrosis by inhibiting ERS through regulation of p38 MAPK signalling. Moreover, p38 MAPK promotes apoptosis [74] and is associated with autophagy induction. AMPK is an energy sensor that plays an important role in maintaining energy homeostasis [75]. A previous study showed that AMPK exerts an anti-apoptotic effect and can inhibit HPC apoptosis [76]. Additionally, AMPK activation inhibited autophagy in an HSC line (I $\alpha$ -2) [77]. In the present study, YQRG treatment promotes AMPK signalling (Fig. 9a and d). Moreover, the observed regulation of apoptosis by YQRG suggests that activation of the AMPK pathway might inhibit apoptosis and autophagy, thereby alleviating the progression of liver fibrosis. However, the precise role of YQRG as a therapeutic agent for liver fibrosis requires further investigation.

## Conclusion

In conclusion, combined with transcriptome analysis and experimental verification, YQRG can inhibit CCl<sub>4</sub>-induced liver fibrosis through a variety of mechanisms. This study showed that YQRG improved liver pathological injury and function inhibited HSC activity, and reduced ECM accumulation in rats with liver fibrosis. This anti-liver fibrosis effect might be related to the inhibition of ERS, apoptosis and autophagy and the regulation of p38 MAPK and AMPK pathways.

## Abbreviations

$\alpha$ -SMA,  $\alpha$ -smooth muscle actin; ALT, alanine aminotransferase; AMPK, AMP-activated protein kinase; AST, aspartate aminotransferase; ATF6, activated transcription factor 6; BCL-2, B-cell lymphoma 2; BiP, immunoglobulin-binding protein; BSA, bovine serum albumin; CASP12, caspase 12; CCl<sub>4</sub>, carbon tetrachloride; CHOP, C/EBP homologous protein; DAPI, 4',6-diamino-2-phenylindole; DEG, differentially-expressed gene; ECM, extracellular matrix; ELISA, enzyme-linked immunosorbent assay; ERS, endoplasmic reticulum stress; GO, Gene Ontology; H&E, haematoxylin and eosin; HA, hemagglutinin; HPCs, hepatic parenchymal cells; HSCs, hepatic stellate cells; HYP, hydroxyproline; IFC,

immunofluorescence; IHC, immunohistochemistry; i.p., intraperitoneal; IRE1, inositolase 1; IV-C, type IV collagen; KEGG, Kyoto Encyclopedia of Genes and Genomes; LN, laminin; LC, light chain; LW:BW, liver-to-body weight ratio; MAPK, mitogen-activated protein kinase; MMP9, matrix metalloproteinase 9; PBS, phosphate-buffered saline; PC-III, procollagen III; PERK, protein kinase R-like ER kinase; PI3K/AKT, phosphoinositide 3-kinase/Akt; PPAR, peroxisome proliferator-activated receptors; PPI, protein-protein interaction; qPCR, quantitative PCR; RNA-seq, RNA sequencing; TBST, Tris-buffered saline with Tween-20; TEM, transmission electron microscopy; TIMP1, tissue inhibitor of metalloproteinase 1; TUNEL, terminal deoxynucleotidyl transferase dUTP nick end labelling; UHPLC-QTOF-MS, ultra-high performance liquid chromatography with quadrupole time-of-flight mass spectrometry; ULK1, unc-51-like autophagy-activating kinase 1; UPR, unfolded protein response; YQRG, Yiqi Rougan decoction

## **Declarations**

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### **Authors' contributions**

YX and W-FC conceived and designed this research. YX performed experiments, data analysis, and wrote the manuscript. J-YH, J-YT and CX assisted in the experiments and provided data, K-YT, YL, J-XC and L-YZ assisted in data analysis. Z-YC, X-QD revised the manuscript, W-FC supervised the experiments. All authors have reviewed and approved the final version of the manuscript.

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### **Availability of data and materials**

The data used and/or investigated during the present study are available from the corresponding author upon reasonable request.

### **Ethics approval and consent to participate**

The animal study was reviewed and approved by the Ethics Committee of Chongqing Medical University (2021034).

### **Consent for publication**

Not applicable.



## Competing interests

The authors have declared no conflict of interest.

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## Tables

**Table 1 Composition of Yiqi Rougan decoction.**

Herbal medicine	Pinyin name	Batch number	herb dose (g)	Occupied Percent (%)
<i>Astragalus mongholicus</i> Bunge	Huang Qi	191210600	30	27.3
<i>Atractylodes Macrocephala</i> Koidz	Bai Zhu	200310099	10	9.1
<i>Salvia miltiorrhizae</i> Bunge	Dan Shen	200201	15	13.6
<i>Curcuma longa</i> L	Jiang Huang	200210064	10	9.1
<i>Paeonia lactiflora</i> Pall	Bai Shao	200210085	15	13.6
<i>Cyperus rotundus</i> L	Xiang Fu	191210613	10	9.1
<i>Sargassum fusiforme</i> Setch	Hai Zao	190701	10	9.1
<i>Trichosanthes Kirilowii</i> Maxim	Gua Lou	190610208	10	9.1

**Table 2 Primer sequences used for PCR.**

Gene		Oligonucleotide sequence [5'-3']
<i>Acta2</i>	Forward	AGACACCATGTGTGACGAGG
	Reverse	GACCCATACCGACCATGACA
<i>Mmp9</i>	Forward	CCAACCTTTACCAGCTACTCG
	Reverse	TGAGTTCAATCCCCAGATGCC
<i>Timp1</i>	Forward	CAAAGGATTCTGACGCTGTGG
	Reverse	TTCCGTTCTTAAACGGCCC
<i>Atf6</i>	Forward	CGCCGCAAGAAGAAGGAGTA
	Reverse	CCTTCCTGTTTCCAGACCCC
<i>Ern1</i>	Forward	CGATGGACTGGTGGTAACTG
	Reverse	TGTCTCCTTGGGGAATGGAT
<i>Eif2ak3</i>	Forward	GCTTGCTCCCACATCGGATA
	Reverse	TGCGGCAATTCGTCCATCTA
<i>Hspa5</i>	Forward	AGCCTGGTATGAGGATCTGC
	Reverse	GACTGGAATCTGGAGAGCGA
<i>Chop</i>	Forward	AGCCTGGTATGAGGATCTGC
	Reverse	GACTGGAATCTGGAGAGCGA
<i>Casp12</i>	Forward	AGGCCCATGTGGAGACAGAT
	Reverse	GAGCCACTCTTGCCTACCTT
<i>Bcl2</i>	Forward	CTGGTGGACAACATCGCTCT
	Reverse	GCATGCTGGGGCCATATAGT

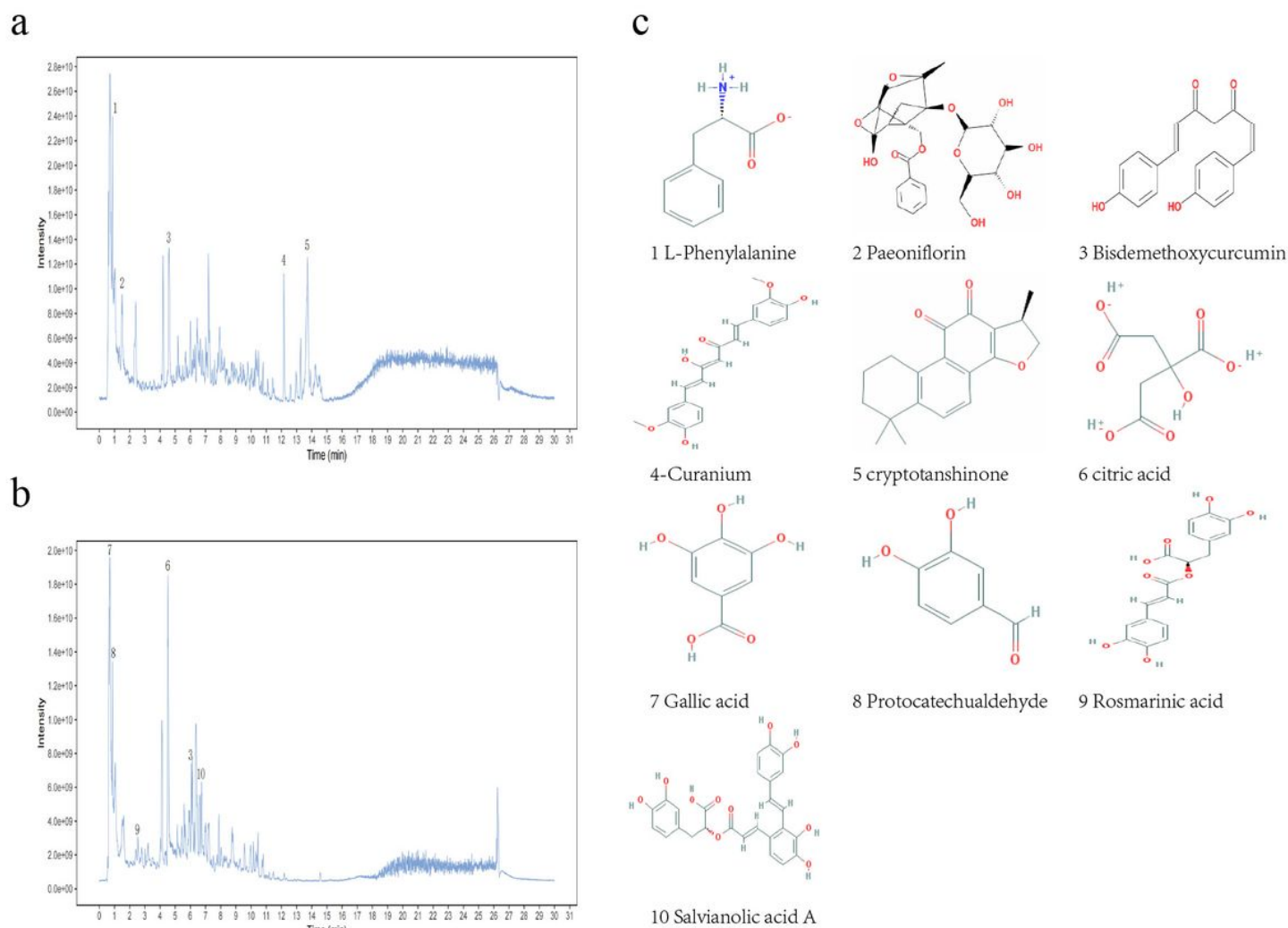


<i>Lc3b</i>	Forward	CACAAGGGAAGTGATCGTCG
	Reverse	AGCTGCTTCTCACCCTTGTA
<i>Ulk1</i>	Forward	CATGGTCCCAGCCCAGTTTC
	Reverse	TCGGAGAGGGAGATGGGGTA
<i>P38</i>	Forward	AGATCAAGATCATTGCTCCTCCT
	Reverse	ACGCAGCTCAGTAACAGTCC
<i>Ampk</i>	Forward	AGATCAAGATCATTGCTCCTCCT
	Reverse	ACGCAGCTCAGTAACAGTCC
<i><math>\beta</math>-actin</i>	Forward	AGATCAAGATCATTGCTCCTCCT
	Reverse	ACGCAGCTCAGTAACAGTCC

**Table 3 The major DEGs and their network degrees**

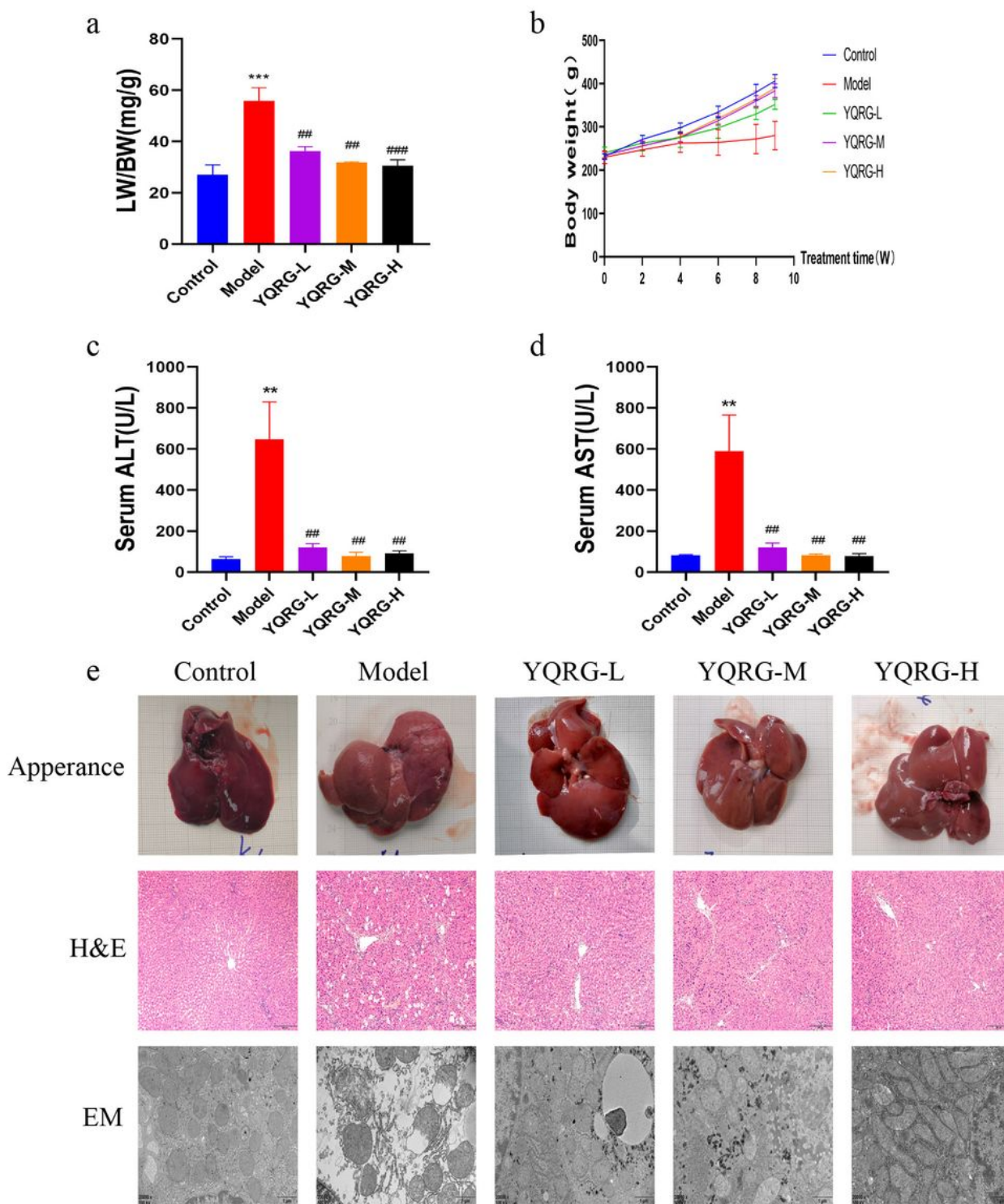
name	degree	name	degree	name	degree
<i>Hspa5</i>	29	<i>Rab7b</i>	13	<i>Bag3</i>	9
<i>Hsp90aa1</i>	26	<i>Dnajb9</i>	12	<i>Birc3</i>	9
<i>Jun</i>	24	<i>Hyou1</i>	12	<i>Derl3</i>	9
<i>Ddit3</i>	23	<i>Ppp1r15a</i>	12	<i>Eif2ak3</i>	9
<i>Atf4</i>	21	<i>Bcl2</i>	11	<i>HSPA1B</i>	9
<i>Atf6</i>	19	<i>Gabarapl2</i>	11	<i>Tuba4a</i>	9
<i>Sqstm1</i>	18	<i>Hspb11</i>	11	<i>Gadd45a</i>	8
<i>Prkaca</i>	16	<i>Mapk9</i>	11	<i>Lamp2</i>	8
<i>Apaf1</i>	15	<i>Ulk1</i>	11	<i>Manf</i>	8
<i>Ern1</i>	14	<i>App</i>	10	<i>Ngf</i>	8
<i>Irs1</i>	14	<i>Actg1</i>	9	<i>Ulk2</i>	8

## Figures



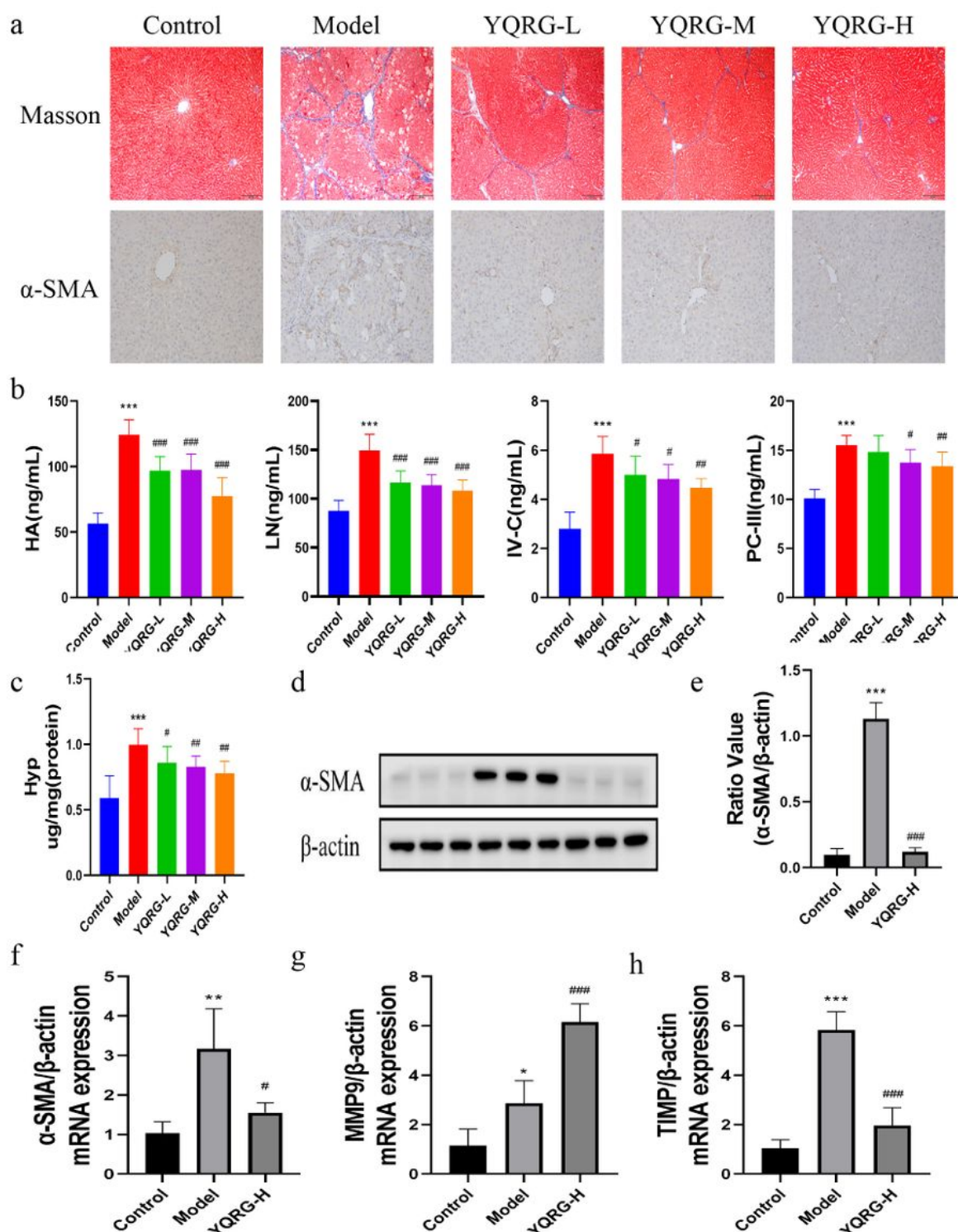
**Figure 1**

Identification of components of YQRG. Total ion chromatography in positive (a) and negative (b) ion modes for YQRG samples were examined by UHPLC–MS/MS. (c) Molecular structure of constituents



**Figure 2**

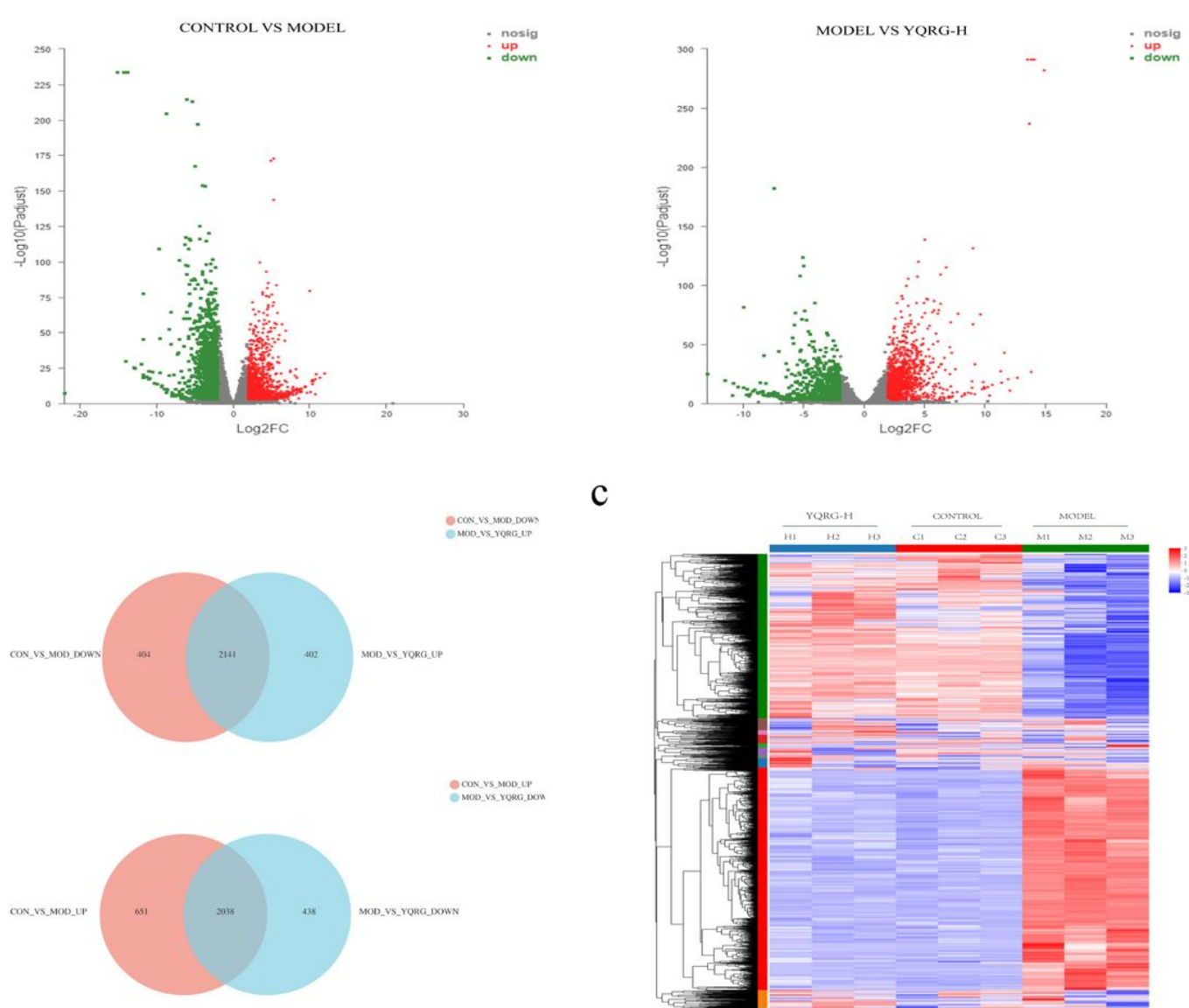
YQRG improves CCl<sub>4</sub>-induced liver injury in rats. (a) body weight in the different groups. (b) LW/BW ratio in the different groups. (c) and (d) Serum ALT and AST activities. (e) liver pathological changes were analyzed by liver appearance, H&E-staining(100X) of liver sections and transmission electron microscopy of rat livers. Data values were indicated as mean  $\pm$  SD. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001, vs. control group; #P < 0.05, ##P < 0.01, ###P < 0.001, vs. model group



**Figure 3**

YQRG alleviates CCl<sub>4</sub>-induced liver fibrosis in rats. (a) Masson staining (100X) of rat livers and  $\alpha$ -SMA were detected by immunohistochemistry(200X). (b) Serum HA, LN, PC-III and IV-C content. (c) Hyp contents in liver tissues. (d) Western blot image showing  $\alpha$ -SMA expression in liver tissues. (e) Protein concentration analysis. (f-h) mRNA expression of  $\alpha$ -SMA, MMP9, TIMP1 were detected by PCR. Data

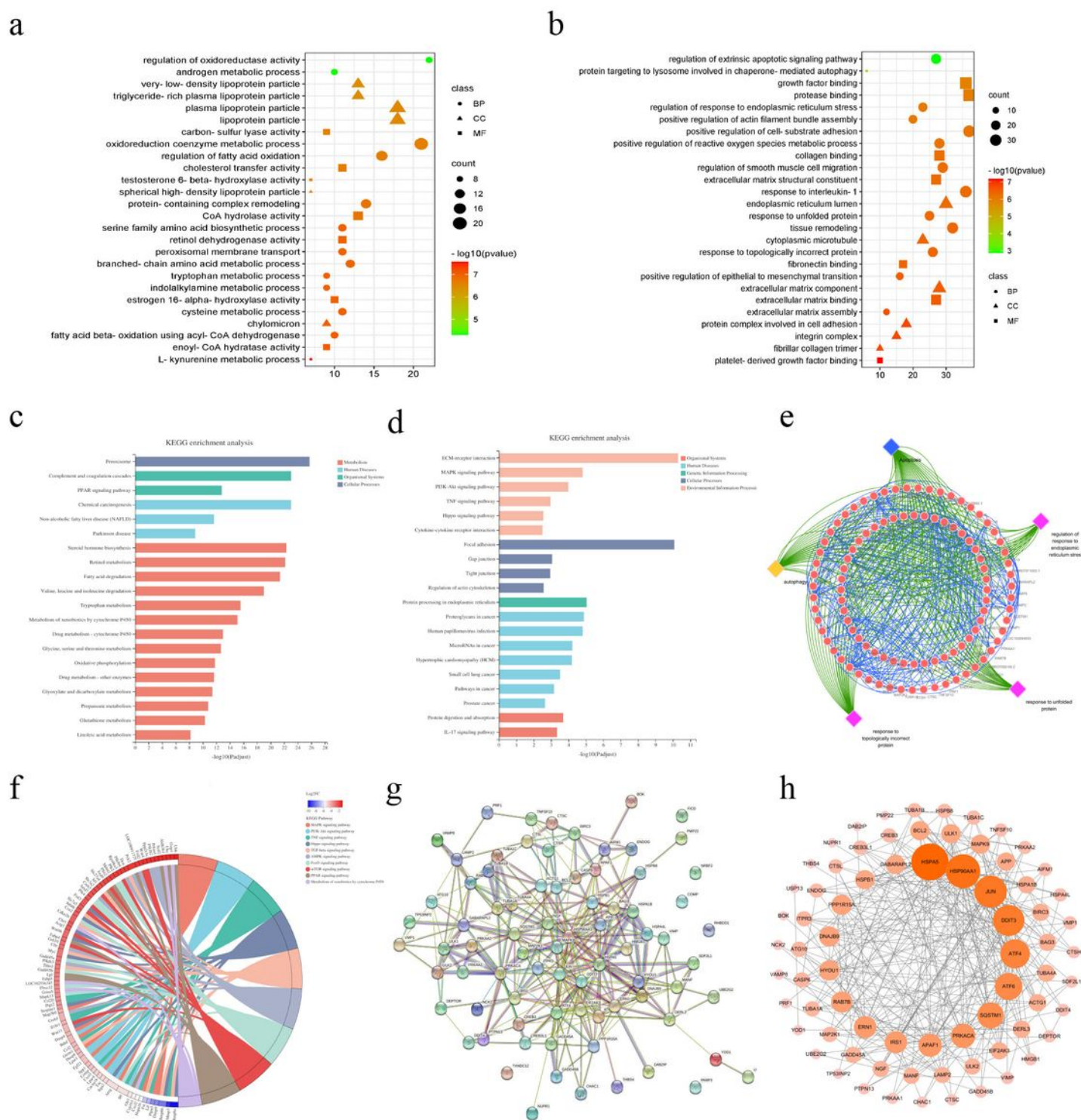
values were indicated as mean  $\pm$  SD. \*P < 0.05, \*\*P < 0.01 ,\*\*\*P < 0.001, vs. control group; #P < 0.05, ##P < 0.01, ###P < 0.001, vs. model group



**Figure 4**

Gene expression analysis by RNA-seq. (a) Volcanic map of upregulated and downregulated DEGs between groups. (b) Venn diagram of the overlap of DEGs between groups. (c) Heat map for hierarchical cluster analysis of DEGs between samples.





component (green), and molecular function (blue). (g) PPI network of DEGs involved in ERS, apoptosis, and autophagy in the STRING. (h) Visualization of PPI network by the Cytoscape. circular nodes represent the major DEGs of YQRG; The size of these DEGs is positively related to their degrees in the network

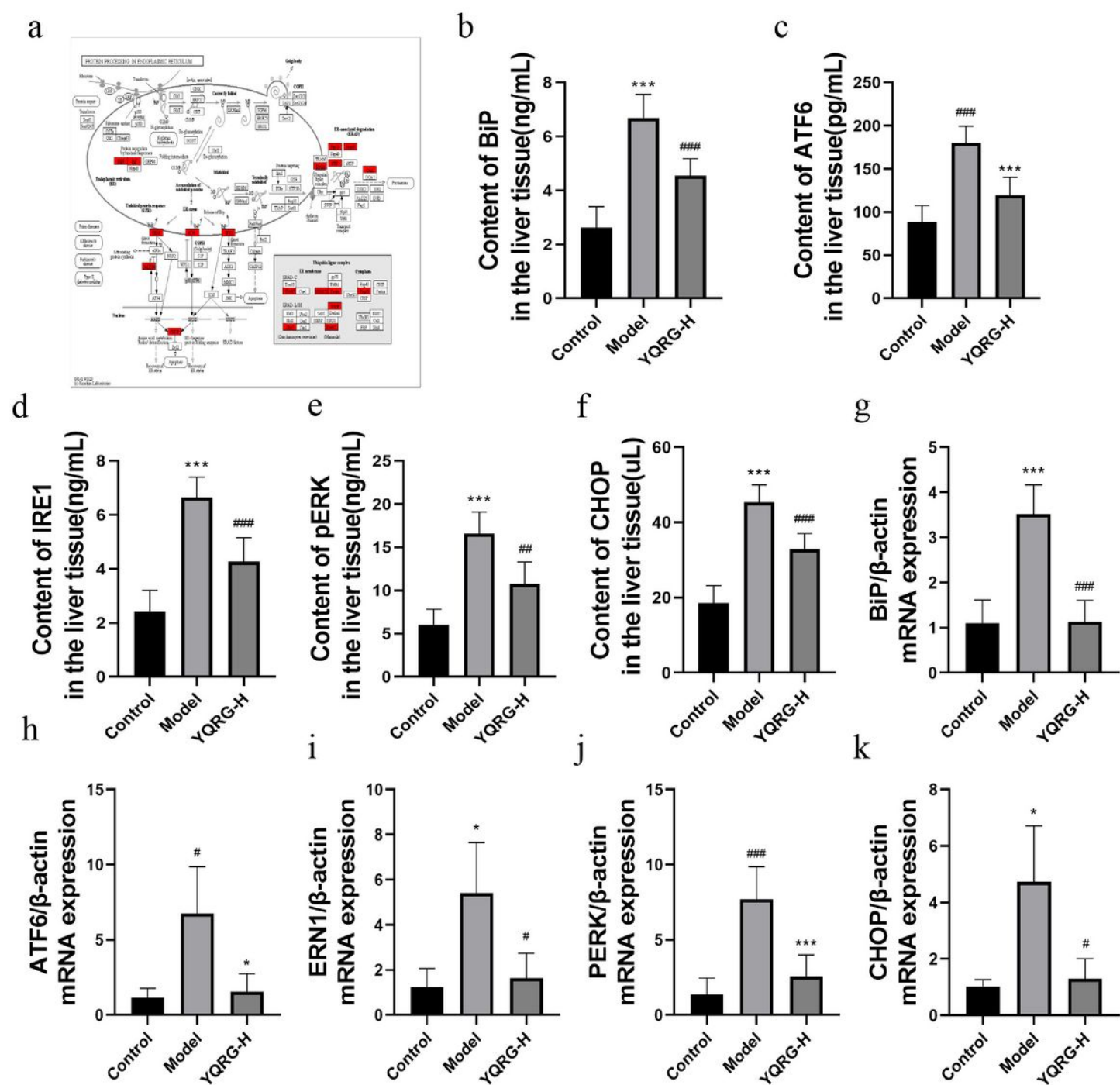
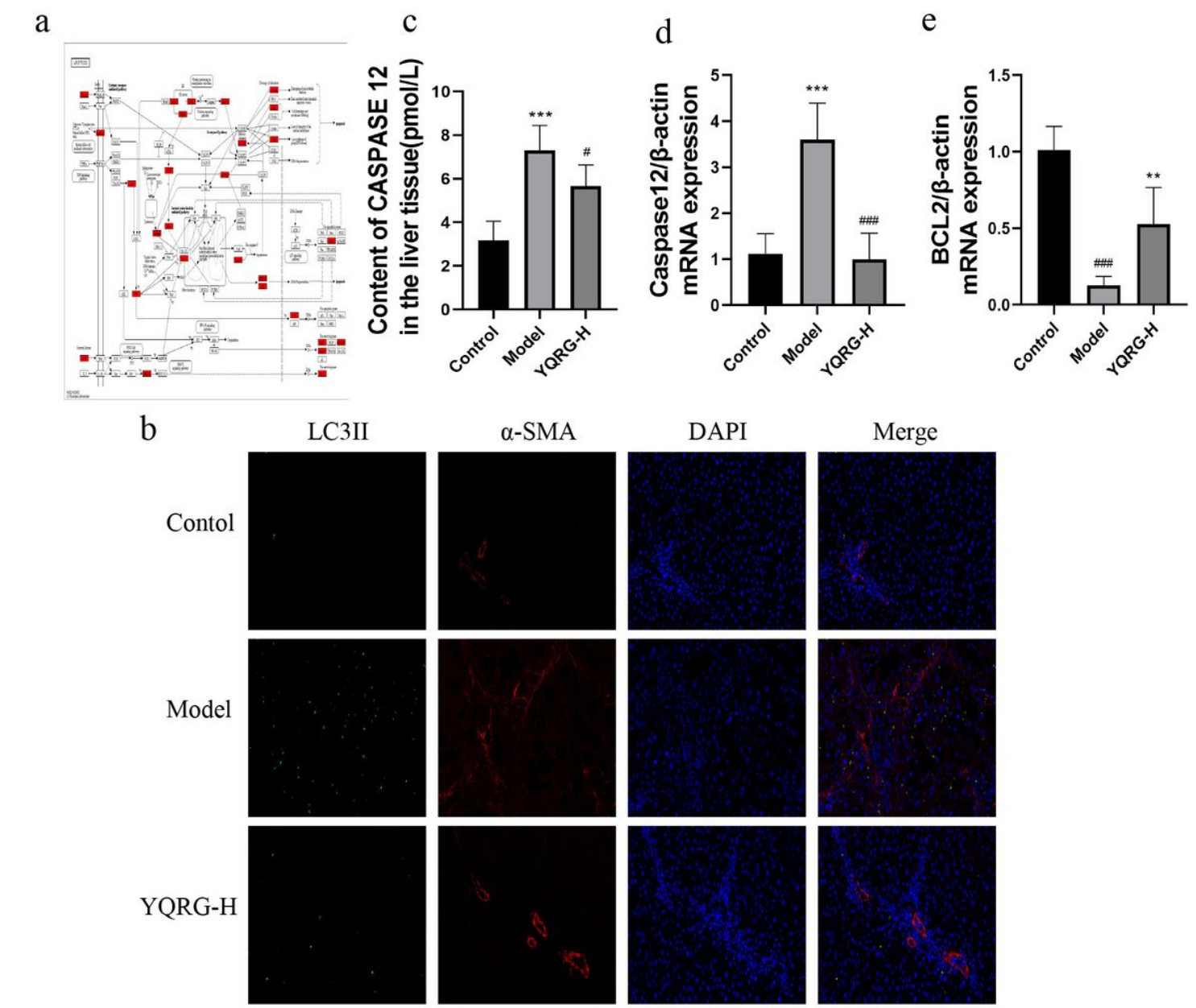


Figure 6

YQRG regulates ERS. (a) Mechanisms of ERS. (b-f) Levels of BiP, ATF6, IRE1, PERK and CHOP were detected by ELISA in liver tissues. (g-k) mRNA expression of BiP, ATF6, ERN1, PERK and CHOP were

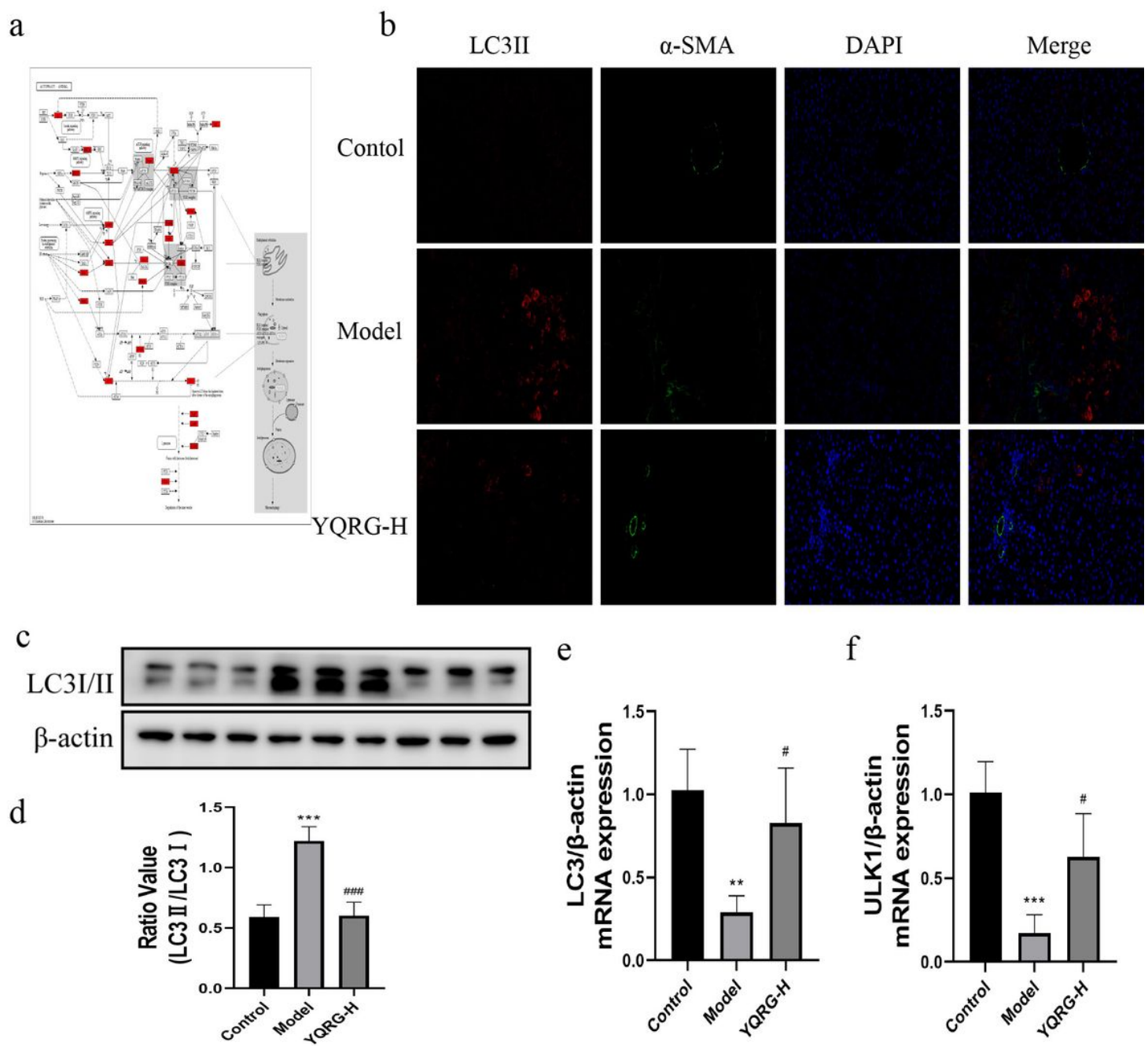
detected by PCR. Data values were indicated as mean  $\pm$  SD. \*P < 0.05, \*\*P < 0.01 ,\*\*\*P < 0.001, vs. control group; #P < 0.05, ##P < 0.01, ###P < 0.001, vs. model group



**Figure 7**

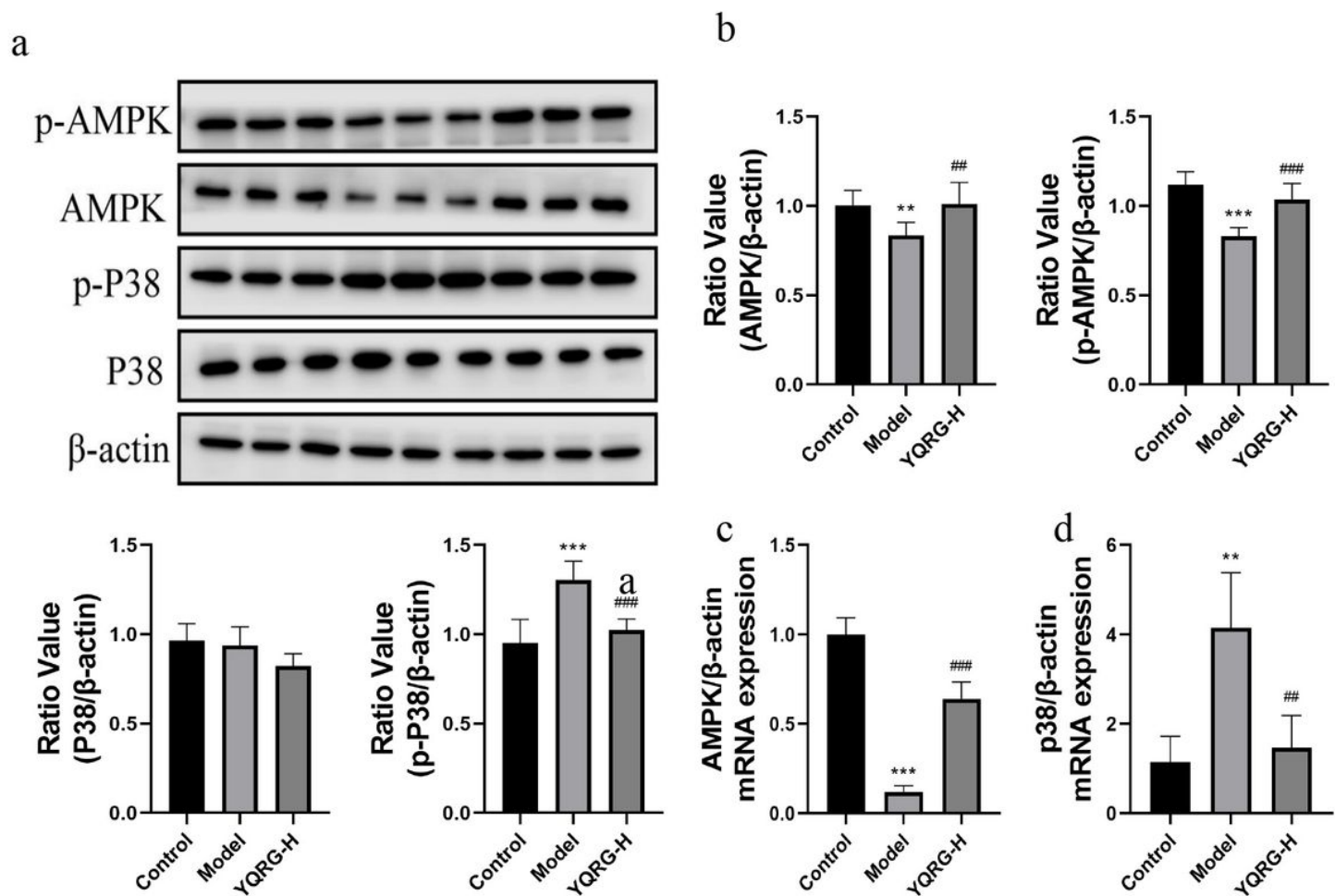
YQRG regulates Apoptosis. (a) Mechanisms of Apoptosis. (b) TUNEL and  $\alpha$ -SMA double immunofluorescence staining in liver tissues(Scale bar=50  $\mu$ m), green fluorescence indicated the Apoptosis cells, red fluorescence represented  $\alpha$ -SMA. (c) Levels of Caspase 12 were detected by ELISA in liver tissues.(d-e) mRNA expression of Caspase 12 and Bcl2 were detected by qPCR. Data values were indicated as mean  $\pm$  SD. \*P < 0.05, \*\*P < 0.01 ,\*\*\*P < 0.001, vs. control group; #P < 0.05, ##P < 0.01, ###P < 0.001, vs. model group





**Figure 8**

YQRG regulates autophagy. (a) Mechanisms of autophagy. (b) Double immunofluorescent staining was performed to determine the colocalization of LC3II (green) and  $\alpha$ -SMA (red) in liver tissues (Scale bar=50  $\mu$ m). (c) Western blot image showing LC3I/II expression in liver tissues. (d) Protein concentration analysis. (e-f) mRNA expression of LC3II and ULK1 were detected by qPCR. Data values were indicated as mean  $\pm$  SD. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ , vs. control group; # $P < 0.05$ , ## $P < 0.01$ , ### $P < 0.001$ , vs. model group



**Figure 9**

Effect of YQRG on the P38MAPK and AMPK signaling pathways. (a) Protein expressions of P38 and P-P38, AMPK and P-AMPK were determined by Western blotting. (b) Protein concentration analysis. (c-d) mRNA expression of P38, AMPK were detected by PCR. Data values were indicated as mean  $\pm$  SD. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ , vs. control group; # $P < 0.05$ , ## $P < 0.01$ , ### $P < 0.001$ , vs. model group